

N138. Heat Stress Monitor

Metrosonics has announced the hs-383 Personal Heat Stress Monitor. Pocket-sized and lightweight, the hs-383 makes it possible to monitor individual workers rather than work areas. The important factors of heart rate and body temperature are measured and recorded without interrupting work activities. This unit is comfortably worn, even underneath protective clothing. A special two-stage alert provides visual and aural annunciators to indicate physiological status. Logged data may be printed out for permanent records of an employee's exposure. Supervisors can use this information to determine more accurate stay times (time on the job).

Taken From: "Heat Stress Monitor," Nuclear Plant Journal, November-December 1991, p. 38.